

**Expected time commitment:**

The self-paced online modules will be made available from Monday 23 February 2026 and there will be new self-paced online modules available each week. Module two is released after attending the first live online session, then following this, module three is released the next week, and module four one week later. Each one-hour session is followed by 30 minutes optional networking.

There will be 2 live online sessions each week at 2 separate times to suit your local time zone. Please attend the one that is most convenient:

| <b>Week 1</b>                                                                                      |                                                                                                  |
|----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| <b>Self-paced online module one available on Monday 23 February</b>                                |                                                                                                  |
| Thursday 26 February: Group A                                                                      | 10:00 – 11:00 Singapore Time (Check this time/date in your time zone <a href="#">here</a> )      |
| Thursday 26 February: Group B                                                                      | 16.00 - 17.00 Greenwich Mean Time (Check this time/date in your time zone <a href="#">here</a> ) |
| <b>Self-paced online module two available on Thursday 26 February</b>                              |                                                                                                  |
| <b>Week 2</b>                                                                                      |                                                                                                  |
| Thursday 5 March: Group A                                                                          | 10:00 – 11:00 Singapore Time (Check this time/date in your time zone <a href="#">here</a> )      |
| Thursday 5 March: Group B                                                                          | 16.00 - 17.00 Greenwich Mean Time (Check this time/date in your time zone <a href="#">here</a> ) |
| <b>Self-paced online module three available from Thursday 5 March</b>                              |                                                                                                  |
| <b>Week 3</b>                                                                                      |                                                                                                  |
| Thursday 12 March: Group A                                                                         | 10:00 – 11:00 Singapore Time (Check this time/date in your time zone <a href="#">here</a> )      |
| Thursday 12 March: Group B                                                                         | 16.00 - 17.00 Greenwich Mean Time (Check this time/date in your time zone <a href="#">here</a> ) |
| <b>Self-paced online module four available from Thursday 12 March</b>                              |                                                                                                  |
| <b>Week 4</b>                                                                                      |                                                                                                  |
| Thursday 19 March: Group A                                                                         | 10:00 – 11:00 Singapore Time (Check this time/date in your time zone <a href="#">here</a> )      |
| Thursday 19 March: Group B                                                                         | 16.00 - 17.00 Greenwich Mean Time (Check this time/date in your time zone <a href="#">here</a> ) |
| <b>Final assessment available to submit from Thursday 19 March (with two weeks to complete it)</b> |                                                                                                  |

Please note the dates listed are based on Singapore Time/Greenwich Mean Time hours. Make sure to click the respective links to check the correct date and time in your local time zone. Total time commitment is one hour live online session and at least one hour self-paced online module each week for four weeks.